

spa&beauty



giardino  
marling  
★★★★★



Relax, just let go.  
And inner  
beauty will show  
itself on the outside.





## A soothing haven of tranquillity.

Our spacious, light-flooded spa grants you time to take a break. The skilled hands of our experienced staff will take you on your personal sensory journey towards health and give you the opportunity to experience your uniqueness. We look forward to welcoming you.



## SALIN DE BIOSEL

An ideal combination of bioenergetic substances, the principles of Asian medicine and wonderfully relaxing treatments which have been adapted to our latitudes. Natural active ingredients such as Dead Sea salts, trace elements, algae from Brittany, plant synergies and vitamins come from the immense resources of nature. Based on the Chinese theory of the elements, the yin-yang energy takes centre stage. Yin needs energy and yang needs help in distributing energy in the right way!

**BIOSEL  
GUARANTEES  
ECOLOGICAL  
PURITY –  
IN HARMONY  
WITH NATURE.**

Only pure, exclusively natural ingredients free from:

- genetically modified organisms
- animal substances and substances tested on animals
- paraffin, mineral oils or petroleum products
- artificial colourings
- solvents containing propylene glycol
- preservatives containing parabens

## AROMADERM

The complete wellness natural programme for body treatments as well as body wraps for problem areas. Biologically controlled raw materials take care of your skin and nourish and moisturise it.

## doTERRA®

For the Original AromaTouch™ treatment we use essential oils produced by doTERRA®.

## VITALIS DR JOSEPH

For our massages we use oils produced by VITALIS DR JOSEPH.

**VITALIS**  
DR JOSEPH





### **GUA SHA FACIAL MASSAGE**

A revitalising facial treatment. Gentle cleansing, a massage with the Gua Sha stone, a nourishing mask and finally a face cream tailored to your skin type to complete this soothing treatment for more firmness and a lifting glow effect.

50 minutes, € 95,-

### **DERMA 2.0 CHEMICAL PEELING**

For a rejuvenating and regenerating effect. This chemical peeling is an external aesthetic treatment that quickly and effectively improves sun-damaged skin and refines wrinkles and scars. Using a high sun protection factor is required after the treatment, and it is even better to avoid the sun for at least one day.

50 minutes, € 110,-



### BIOSEL SMALL IS BEAUTIFUL

Every skin is unique. Therefore SALIN de BIOSEL products and applications are individually tailored to the needs of each skin. In this way we create a targeted basic treatment that is specific to your skin type. The skin responds to the stimulation by the natural active ingredients already during the first application and interacts with them harmoniously. This "à la carte" basic treatment includes thorough deep cleansing, micro-massage and yin-yang massage, drainage, a mask tailored to your skin's needs and final care.

55 minutes, € 99,-  
75 minutes, with products  
to lighten dark spots,  
€ 118,-

### BIOSEL DE LUXE BEAUTÉ À LA CARTE

Treat yourself with some time just for you. The skin is nourished and moisturised in depth.

For 85 minutes, face, eye contour area, neck and neckline are in focus. The complex procedure and the techniques of this treatment include, in addition to the basic steps such as deep cleansing and mask, the application of highly effective plant active ingredients, trace elements, vitamins, yin-yang energy regulators and skin function regulators, which are used in combination with a lymphatic decongestant and an invigorating massage to relieve stress. Your skin is infused with new energy. The result is a soft pink complexion and a glowing skin.

85 minutes, € 125,-

### BIO-AGE CLASSIC

Premium active ingredients and 100% natural hyaluronic acid moisturise the skin intensively, counteract free radicals, stimulate collagen fibres and relieve tension. A special massage further firms the skin. The success of the treatment is immediately visible and guarantees a firm, toned and younger look.

85 minutes, € 130,-

### BIO-AGE DELUXE

Intensive anti-ageing treatment with deep cleansing, anti-ageing mask, relaxing and lifting massage and eyebrow correction.

- 1<sup>st</sup> day 85 minutes
- 2<sup>nd</sup> day 55 minutes

Special price: € 215,-

### MAKE-UP EVA GARDEN

Our ambition is to further enhance your femininity. You will wear the right make-up for every occasion when you want to underline your natural beauty or to shine for a special evening.

In the beauty department you can of course also purchase first-class make-up products by the Italian company EVA GARDEN. Our make-up artist will give you valuable tips for your daily make-up.

40 minutes, € 45,-

### SPECIAL FACIAL TREATMENT FOR MEN

An invigorating intensive treatment with remarkable results. You feel relaxed, regenerated and revitalised. Your skin is once again full of energy, refreshed and toned. In this treatment, the care products are selected based on the individual needs of the skin. A lovely highlight of the treatment is the face and neck massage, which is an intensely relaxing experience. Skin care advice included.

75 minutes, € 110,-

### EXTRA BEAUTY TREATMENTS FOR THE FACE:

- Eyelash tinting € 17,-
- Eyebrow tinting € 12,-
- Eyelash and eyebrow tinting € 25,-
- Eyebrow shaping € 15,-

### FOR THE BODY: REMOVAL OF EXCESS HAIR (WITH WARM WAX)

- Full leg € 40,-
- To the knee € 28,-
- Upper lip or chin € 10,-
- Bikini area or underarm € 20,-
- Back or chest € 38,-

### RITUAL FOR YOUR HANDS

Pamper your hands and give them your full attention with a cleansing exfoliation, thorough nail care, a pack rich in active ingredients and a soothing and intensive massage of fingers, palms and forearms.

55 minutes, women, € 65,-  
50 minutes, men, € 55,-

with special treatment against age spots, € 75,-



### THE RITUAL FOR YOUR FEET

This spa treatment focuses on your feet. After a refreshing bath, nail care, treatment of rough areas and an intensive foot massage, you will feel reborn. Your feet will thank you.

55 minutes, women, € 69,-  
50 minutes, men, € 55,-

### PERMANENT NAIL POLISH

Classic manicure followed by the application of permanent nail polish, which guarantees no chipping or peeling of the nails for three to four weeks and which dries instantly and is scratch resistant.

Manicure with permanent polish, € 75,-

Pedicure with permanent polish, € 80,-

Permanent French polish, +€ 10,-

Removal of permanent polish, +€ 10,-

**WON** nail Weltmeisterin  
Helena Melmer **Cosmetics**



### **BASIC FACIAL TREATMENT**

This facial treatment invigorates and regulates young skin. Impure, oily and combination skin is rebalanced, dry skin is moisturised, and sensitive skin is gently cared for.

Young skin needs special attention. We are happy to meet all skin needs.

- Cleansing with skin analysis
- Exfoliation
- Cleansing and eyebrow shaping
- Fluid, serum or concentrate
- Customised mask
- Final care – according to skin type

Up to 16 years old,  
50 minutes, € 63,-

### **BASIC PEDICURE**

Regular foot care, combined with a soothing foot massage, will make your feet shine in a whole new way. Well-groomed feet clearly improve the quality of life.

Up to 16 years old,  
40 minutes, € 48,-

### **BASIC MANICURE**

Hands play a decisive role in all aspects of life. This makes it all the more important that they are well cared for. Beautiful hands are your personal calling card.

The basic treatment includes filing and cleaning of the nails, massaging with cream and applying the nail polish you desire.

Up to 16 years old,  
40 minutes, € 48,-

### **TEEN MASSAGE**

Teenage girls and boys are also subjected to the hectic pace of everyday life and develop tense muscles. A soothing massage increases body awareness and helps relax. This combination of back and foot massage will leave you feeling loose and relaxed.

Up to 16 years old,  
25 minutes, € 38,-



### **BRAZILIAN BODY FORMING MASSAGE**

This dynamic massage technique helps to eliminate toxins and harmful substances from the body, strongly stimulates the lymphatic flow, smoothens your skin texture and tightens the body tissue with visible effects after the first treatment already.

50 minutes, € 110,-



### **REVITAL BACK MASSAGE**

A back massage that is ideal for relieving tension and reducing stress in general. This treatment is all about well-being and relaxation. Gentle pressure and specific massage techniques are used to increase local blood circulation and to relax the muscles. A gentle treatment of the energy points with the special frankincense balm on the joints and feet rounds off this revitalizing massage.

50 minutes, € 90,-

## CLASSIC FULL BODY MASSAGE

By means of kneading, stroking and tapping, your entire body is intensively massaged from head to toe applying soft or strong pressure. You feel your muscles loosening and tensions being released. A feeling of general well-being radiates and you feel loose and light.

50 minutes, € 70,-  
for connoisseurs,  
75 minutes, € 105,-

## CLASSIC PARTIAL BODY MASSAGE

Your legs, back or specifically your shoulder and neck area are massaged with classic massage techniques and with the intensity you prefer. You will feel comfortably relaxed within a relatively short period of time.

25 minutes, € 48,-



## HEAD AND NECK MASSAGE

This extremely relaxing and intensive massage boosts blood circulation to your neck, shoulders, head and scalp. A special fragrance experience and a wonderfully soothing source of energy, especially for people under stress, deeply liberating, for a new power of thought.

25 minutes, € 45,-

## FACIAL MASSAGE

Simply let yourself go. The soothing massage allows the gentle active ingredients to slowly absorb into your skin. You will achieve a smooth, firm complexion and radiantly beautiful eyes. Even small wrinkles are temporarily reduced.

ca. 25 minutes, € 48,-

## DRAINING MASSAGE

This very soft and relaxing stroking massage stimulates and supports lymph circulation and ensures that congested lymph fluid naturally drains again. The tissue is cleansed of metabolic waste products and foreign substances via the lymphatic vessels.

Existing swellings are reduced, metabolism and detoxification processes are stimulated and the immune system is boosted.

Face, 25 minutes, € 45,-  
Legs, 25 minutes, € 45,-  
Full body, 50 minutes, € 75,-

## SINGING BOWL MASSAGE

During this treatment the singing bowls are placed directly on the body. Vibrations have a relaxing effect on the muscles and the organ system, while the sounds you hear relax your mind, enhance the harmonisation of energy in your body and soothe your soul. The energy released in the process helps the immune system to activate self-healing. The singing bowl treatment contributes to a rapid mental and emotional relaxation.

50 minutes, € 80,-



## CANDLE-MASSAGE

The precious and natural ingredients of shea butter, cocoa butter and honey are transformed by the flame into a rich and nourishing massage oil. With its light and its pleasant scent, the massage candle creates an atmosphere of harmony.

Thanks to the gentle massage and aromatherapy, your body and mind enjoy an experience that engages all your senses.

After the treatment, your skin feels clean, smooth, fresh, nourished, well moisturised, more elastic and velvety soft. The massage candles are dermatologically tested and do not contain any colourants or preservatives, synthetic perfumes or mineral oils. They are natural products and as such they combine well-being and skin care.

70 minutes, € 98,-

## DYNAMIC BACK MASSAGE

This combination of manual back massage, cupping and a hot rolled up towel provides deep relaxation, activates and loosens your muscles, relieves tension and improves your spine dynamics. Finally, the vibrations of the Tibetan singing bowls offer a uniquely deep experience. Their gentle vibration has a calming effect and dissipates stress.

50 minutes, € 80,-

## ORIGINAL AROMATOUGH™

The AromaTouch™ is a gorgeously scented, energizing relaxation treatment with therapeutically pure essential aromatic oils produced by doTERRA®.

The gentle touch and the wonderful aroma make you dive into an immersive experience and then take off. The treatment helps reducing stress, boosts and supports the immune system, has anti-inflammatory effects and restores your body's balance.

50 minutes, € 85,-



### SPA SPORT PERFORMANCE

Going out into nature and exercising challenge our bodies, especially if we have been physically inactive for some time. So it often happens that the pleasure of sport is spoiled by muscle pain. In order to get fit again and enjoy your favourite sport without restrictions, SALIN de BIOSEL offers 3 treatments that harmonise and stimulate your entire body with their plant active ingredients and mineral salts.

#### **Energy Point Zero**

Relieves stress and tension to restore the body's ability to function at its best.

#### **Sport Energy Preparation**

Prepares the body for sporting performance by supplying oxygen and energy.

#### **Fit again thanks to detoxification**

Helps remove toxins and relieve cramps and physical fatigue after sports activities.

50 minutes, € 70,-

### SPORTS MASSAGE

The sports massage is a type of massage that is used to stimulate the body before a sporting activity or relax it afterwards. It mainly uses classic massage techniques and special stretching techniques. The sports massage is mainly performed on arms and legs to warm up muscles and make them stretchable, and after sports to prevent sore muscles by ensuring that metabolic waste products do not accumulate in the tissues and are eliminated. The back is also treated and tensions are relieved. This massage technique is effective in depth, favours venous return and, thanks to the use of highly effective clove, peppermint, rosemary and eucalyptus essential oils, it stimulates blood circulation and has a cooling effect on sore muscles.

50 minutes, € 80,-

### HERBAL COMPRESS MASSAGE

The body is massaged with a special oil mixture according to traditional Thai techniques and then treated with hot herbal compresses that have been warmed up in steam. The 12 herbs they contain detoxify, purify and firm tissues. The warmth of the herbal compresses produces a pleasant deep sensation of heat, providing an especially intense relaxation experience.

75 minutes, € 110,-



### VITAL STONE MASSAGE LOMI LOMI NUI MASSAGE

An experience of absolute relaxation. Warm lava stones of various sizes are placed on the body's energy centres. Thanks to their warmth, the energy centres that are otherwise not so easily reached, are opened. In combination with total relaxation, this massage provides a powerful boost of energy. The entire body is cleansed and detoxified from within. You will feel strong and relaxed again.

75 minutes, € 110,-

The Hawaiian Lomi Lomi Nui is much more than just a massage. It is a holistic, wonderful experience for your body that you will not quickly forget. The body is massaged with hands and forearms by alternating slow, fluid movements with vigorous, more dynamic ones. In this way, the deep layers of the body are reached.

The resulting feeling of relaxation is correspondingly intense, and the more you surrender to this feeling, the more you will enjoy and unwind. Lomi Lomi Nui is an effective method for reaching what is hidden deep inside. It is excellently suited to free body and mind from burdensome energies and reconcile with oneself.

75 minutes, € 115,-

### FOOT REFLEX ZONES WITH REIKI

Reiki is a natural healing tradition that has been practised for thousands of years. It was rediscovered and revived by the Japanese physician Mikao Usui in the middle of the 19<sup>th</sup> century. Reiki is the universal energy of life that flows through the hands of the practitioner – that channel it - as a healing, harmonising and rebalancing force. Reiki works on all levels: Body, mind, and soul.

The effects of Reiki can be summarised as follows:

- It stimulates natural self-healing.
- It revitalises body and mind.
- It removes blockages and promotes complete relaxation.
- It balances energy in the body.
- It raises the body's vibrational frequency.
- It promotes purification of the soul, self-awareness and harmonious development and therefore it improves personal stability.

It is difficult to express the impact of Reiki in words. You understand it better when you experience it.

50 minutes, € 90,-



### ENERGY FOOT MASSAGE

As early as 5000 years ago, the Chinese discovered that there are numerous nerve points on the sole of the foot and that these points are a mirror image of the entire body. By treating them, all body processes are activated, various organs are brought into harmony and disorders are effectively reduced.

25 minutes, € 48,-  
50 minutes, € 70,-

### CRANIOSACRAL BALANCING

To start with, the therapist feels your individual cranial rhythm. A precise examination and evaluation detects blockages in your body. With the help of gentle manual techniques on skull bones, membranes and connective tissue, existing systemic restrictions are gently dissolved. Total relaxation is guaranteed! You wear light clothing.

50 minutes, € 100,-

### DORN OSTEOPATHY TREATMENT

A gentle, manual treatment method to treat and resolve misalignments of vertebrae and joints by pulling and pushing at specific points, combined with certain movements of the patient. Dorn osteopathy is a holistic approach. Most physical symptoms are stress-related and/or of psychological origin, therefore every physical treatment also involves treating the mind. The person regains their physical and mental balance and find their centre. You wear light clothing.

50 minutes, € 80,-

## WEI QI

Ritual for the well-being of body & mind.

In many cultures, roots, barks, leaves and flowers are used as elements for rituals to restore physical well-being and inner quietness. Wei Qi is a truly personal encounter with nature. Of a nature that gets under your skin. The finest plant powders and lotions with selected essences are applied with a gentle massage, resulting in an exfoliating effect. Wrapped in a warm thin fleece, you will then experience peace and tranquillity while resting after the massage.

You can choose between various fragrances:

- Leaves: the scent of spring, it encourages joy in sharing with others and has a decongesting effect.
- Blossom: the scent of summer, it inspires creativity and has an anti-ageing effect.
- Bark: the scent of autumn, it centres one's vital energy and has a brightening effect.
- Roots: the scent of winter, it strengthens one's identity and has a calming effect.

50 minutes, € 65,-

80 minutes, including back massage, € 90,-



## BAMBOO RITUAL BY SALIN DE BIOSEL

The bamboo ritual uses the very unique energy of bamboo and transfers it to your body and mind.

This ritual stimulates the senses by means of scents, sounds and touch. The delicate aroma of bamboo and the music composed especially for the ritual help detach the mind from everyday concerns and open the soul. At the same time, the skin is prepared for the bamboo massage with moisturising bamboo extracts. In this exceptional massage, organic bamboo canes glide, roll and dance over the body and the face, shaping the muscles and modelling the contours. Tension and stress are relieved, tissues are decongested. Your body becomes light, your mind gains new strength.

50 minutes, € 90,-

75 minutes, with initial bamboo exfoliation, € 100,-

## BODYREG CARBONIC ACID THERAPY

We transform fatty tissue into body energy

The new BODYREG system combines tradition, scientific knowledge and smart technology into a pioneering and successful approach. For an even more efficient and safer application!

BODYREG convinces with its immediate results and top hygiene and safety standards.

The positive effect of dry carbonic acid baths is indisputable. In most cases, visible and noticeable improvements in problem areas can be obtained already after the first treatment.

Users of the BODYREG treatment notice improvements with:

- Cellulite
- Varicose veins and spider veins
- Reduction of girth and loss of weight
- Strengthening of the connective tissue
- Saddlebags
- Stretch marks
- Skin elasticity
- Detoxification and cleansing
- Enhanced skin circulation
- Significant increase in metabolic activity and lymph circulation

1 treatment, 30 minutes, € 80,-

5 treatments of 30 minutes each, € 350,-



## MAGNETIC FIELD RESONANCE APPLICATION

Magnetic field therapy works based on the assumption that every cell in the body is positively influenced by the pulsating frequency of the magnetic field mat. Each cell in the body has its own frequency, and if this is disturbed, it affects the whole body. The magnetic field mat reprograms the cells and can help with arthrosis, and acute and chronic impairments of the musculoskeletal system.

20 minutes, € 28,-

5 x 20 minutes, € 80,-



## RELAX AND BE MORE VITAL WITH THE BEWEI VITALITY APPROACH!

The innovative BEWEI vitality approach has been developed for people who want to be more vital and feel their body in a new way with a simple, effective and relaxed approach, without renouncing the pleasures of life and without stress. Experience the unique BEWEI application and become active, against the effects of time.

BEWEI is a further development of medical arthrosis therapy in the beauty and wellness sector. BEWEI BODY works with a unique, highly effective radio frequency technology with a frequency range that has been successfully field-tested for over 40 years. It enthuses both women and men and promotes a

more beautiful body and a new feeling of vitality.

By choosing this innovative vitality treatment, you can improve the way you feel about your body in a relaxed and gentle way. With a healthy diet, exercise and regular hydration, you can significantly optimise the results of the treatment.

For more information, please visit [www.bewei.com](http://www.bewei.com)

**LOOK SLIMMER,  
FIRMER, YOUNGER!**



During the BEWEI treatment you will be clothed and lie completely relaxed on a comfortable bed.

The BEWEI applicators for legs and abdomen deliver gentle electromagnetic waves. This produces a mild warmth that helps to:

- Stimulate blood circulation
- Make the skin look visibly more vital, firmer and smoother
- Reduce body fat and girth
- Activate metabolism
- Look younger
- Improve the feeling of well-being
- Be more vital
- Sleep better

Enjoy the BEWEI treatment and become active against the effects of the passing of time. The treatment can be followed by lymph drainage to help remove waste products even better.

We also recommend drinking every day 2 litres of non-carbonated still water or unsweetened tea. We also recommend drinking the juice of half a squeezed lemon with a glass of lukewarm water every morning. 30 minutes of exercise per day should become a habit.

### TREATMENT PACKAGES

You can book individual treatments or book them as a package. To save money, you are welcome to share the various packages of the BEWEI BODY treatments with a partner travelling with you.

Duration of one treatment:

45 minutes / incl. lymph drainage 70 minutes

1 treatment, € 85,- / € 130,-

3 treatments, € 75,- each / € 120,- each

5 treatments, € 65,- each / € 110,- each

8 treatments, € 55,- each / € 100,- each

10 treatments, € 45,- each / € 90,- each



### THALASSA EXFOLIATION & BATH

This popular and unmissable full-body salt massage ritual, with natural salts from the Dead Sea and the famous thalassotherapy oils promotes energy balance, activates your metabolism, removes skin impurities and dead skin cells, strengthens your body's defences and gently relaxes all muscles. The final touch is a soothing thalassotherapy oil bath.

#### Choose between:

- Lemon: pure relaxation
- Cinnamon: total revitalisation
- Vanilla: lightness, heavy legs, sore muscles

1 person, 50 minutes, € 66,-

2 persons, 50 minutes simultaneously, € 120,-

### BODY EXFOLIATION

This treatment gently removes dead skin cells. Afterwards, the skin feels velvety soft and is properly moisturised with high-quality products. Sea salt exfoliation with top quality oils.

25 minutes, € 40,-





### BODY WRAP BY SALIN DE BIOSEL

This treatment prepares your skin for the application of the highly effective SALIN de BIOSEL products with a short relaxing massage. The body wrap of your choice is then applied.

- Detox: cleansing, detoxifying
- Energy: invigorating
- Relax: relaxing
- Algae from Brittany: draining

45 minutes, € 65,-

### FLOATING ON CLOUDS BY AROMADERM

The wrap is applied while you lie in the waterbed. Without coming into contact with the water, you float and relax without losing warmth in the perfectly temperature-controlled waterbed, snugly wrapped. First of all, the chosen essence is applied and your body is wrapped in a soft fleece. The warmth supplied opens your skin pores so that the product you chose can penetrate effectively.

#### Choose between:

- Seaweed: detoxifying, nourishing
- Evening primrose: for dry, sensitive skin
- Mountain pine: for colds and tense muscles

45 minutes, € 55,-

### BODY STYLING BY AROMADERM

The all-round treatment for firmer skin and against cellulite. While you relax in a pleasant atmosphere, the wrap works to its full effect. The organic products of the AromaDerm line stimulate blood circulation and uniquely detoxify tissues. Be it through body wrapping or bandage wraps, your body experiences a stimulating detoxification of the tissues. The results are immediately visible.

1 foil wrap, 50 minutes, € 45,-

3-5 foil wraps, € 115,- to 170,-

1 bandage wrap, 50 minutes, € 48,-

3-5 bandage wraps, € 120,- to 180,-

### INSTANT EFFECT WRAP BY SALIN DE BIOSEL

The effective products against cellulite and the special massage technique prepare the body for the mildly cooling, firming BIOSEL effect wrap. Waste products are removed and fat metabolism is activated. The immediately visible and tangible results are a firm body contour and a feeling of lightness in the legs.

#### Choose between:

- Loosening: in case of muscle hardening and adhesions
- Firming: for flabby tissue and heavy legs

1 bandage wrap, approx.

60 minutes, € 85,-

3 bandage wraps, € 220,-

#### The following applies to all wraps:

The more applications, the greater the effect. To enjoy treating yourself to more applications, we offer a special price for three or more wraps!



### MOMENTS OF TOGETHERNESS

Experience a pleasant exfoliation for a velvety soft skin. Then relax in a wonderfully fragrant bath enriched with sea salt while enjoying a sparkling glass of prosecco and fresh fruit. Afterwards treat yourself to a skilful back or full body massage with a mixture of precious oils. You are also welcome to finally relax in our quiet room, cocooned in warmth.

2 persons, approx. 80 minutes with partial body massage, € 195,-

2 persons, approx. 100 minutes with full body massage, € 210,-

### PRIVATE SAUNA

Would you like to enjoy a private sauna for two? If so, you can individually book our sauna next to the swimming pool. Spend 3 relaxing hours in combination with a scrub beforehand, the sauna sessions, the quiet and relaxed rest after each sauna session and a relaxing full-body massage. You can choose between the Finnish sauna, the bio sauna and the steam bath.

3 hours incl. exfoliation and massage, € 280,-  
3 hours without treatments, € 70,-



### RESERVATIONS

Please tell us your wishes when you book, so that we can confirm your appointments in advance.

### GOOD TO KNOW

Our spa is a haven of tranquillity and relaxation. Please contribute to this atmosphere of quiet. Kindly respect the privacy of other guests and refrain from using your mobile phone.

### CONSULTING

Our range of services is broad and diverse. We will be happy to contact you and answer all questions you may have in order to prepare an ideal and individual treatment plan.

### APPOINTMENTS

Please be at the spa reception 5 minutes before your treatment. If you arrive late your treatment time will be shortened accordingly. The treatment ends on time so that the next guest does not have to wait.

### HEALTH

Please tell us about possible allergies, heart diseases, pregnancy, high blood pressure, etc. before you start your treatment.

### CLOTHING

Please wear your bathrobe and underwear or swimwear. Most of the treatments are enjoyed unclothed. We will always keep you well covered during the massage using our draping techniques to protect your privacy at all times. Alternatively, disposable underwear is available.

### SHOWER

A warm shower just before the massage relaxes, removes small flakes of dead skin and prepares the skin for massage creams and oils. In our applications we only use high-quality products which are highly beneficial and relaxing.

### CANCELLATION

We kindly ask you to tell us about changes or cancellations at least 24 hours before the arranged appointment.

In the event of changes or cancellations at short notice, the treatment will be charged at 100%.

**Information and reservations**  
T +39 0473 447 177

### TIP: Value for money packages

Create your own personal wellness package on arrival or in advance at home with 5 treatments per person and receive a 10% discount on the total price (cannot be combined with massage voucher).





**PATRIZIA**  
★★★★S

Visit also our partner hotel

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